**Workshop Mission**

The International Workshop on Social Support for Older Adults gathers together distinguished scholars in aging from Mexico, China and the United States to discuss different international models and experiences of social support and the impact that this support has on health and the overall wellbeing of older adults.

The objective is to identify specific areas of research to advance joint research programs in comparative systems of social support and aging.

The workshop is part of an ongoing series of research activities organized by the Global Research Network on Aging and Health (GRNAH).

**GRNAH Mission**

GRNAH aims to improve and sustain health in diverse national populations by fostering evidence-based research in aging.

GRNAH promotes the use of comparative bi-national and international research for developing scientifically validated public health and patient care interventions especially for people living in low-resource communities. Its founding institutions are the Instituto Nacional de Geriatría (Institutos Nacionales de Salud de México) and the Edward R. Roybal Institute on Aging at the University of Southern California (USC) School of Social Work.

**Conference Organizers**

**Instituto Nacional de Geriatría**

Part of Mexico’s Ministry of Health’s National Institutes, the National Institute of Geriatrics (INGER) is devoted to the development of research on age-related diseases and their treatment, social and economic conditions of the elderly, and care for older adult populations. It seeks to train specialized health care and social work professionals to address the challenges posed by the aging of the Mexican population.

INGER aims to become a point of reference for various lines of research: from how to provide the best specialized medical attention, to how to guide public policy so it might assist the elderly in leading healthy, active lives.

**Edward R. Roybal Institute on Aging**

The mission of the USC Roybal Institute is to advance research whose goal is to enhance optimal aging for persons in minority and low-income communities. One of the ways that it fulfills its mission is by developing international partnerships such as GRANH to advance global research on aging, health, and wellbeing.

A primary emphasis of the USC Roybal Institute is fostering collaborations that use aging research to develop practical programs and services, and form the basis for policy recommendations and decisions to sustain and improve the overall health of aging minorities and their families.
Day 1 | July 31, 2014

9:00–9:30 am  Registration
9:30–9:45 am  Welcome Address
9:45–10:00 am Sponsors’ Remarks
10:00–10:20 am Meeting Framework and Methods
10:20–10:30 am Introduction of Experts
10:30–10:45 am Break

10:45 am–12:30 pm  Social Support & Aging in China
“Living Arrangements, Needs of Support and Care for Older Adults in China,” Iris Chi
“Social Support for Older Adults in China: Challenges and Policy Development,” Du Peng
“Outmigration and Intergenerational Support in Rural China,” Li Shuzhuo
“A Tale of Two Chinas: Rural-Urban Differences in Family Dynamics of the Aged,” Merril Silverstein

12:30–2:15 pm  Social Support & Aging in the U.S.
“The State, the Family and Support of Older Latinos,” Jacqueline L. Angel
“Families, Aging, and Health in Older Mexican Americans,” Kyriakos S. Markides
“Engaging Family and Friends to Support Depression Care in Older Adults: Opportunities and Challenges,” Ladson Hinton
“Building a Movement: The Los Angeles Alliance for Community Health and Aging,” Laura Trejo
Day 1 | July 31, 2014

2:15–3:45 pm  
Lunch

3:45–5:30 pm  
Social Support & Aging in Mexico  
“Social Support, Ageing, and Social Policies in Mexico,”  
Sagrario Garay-Villegas

“Transnational Social Support for Older Adults,”  
Verónica Montes de Oca Zavala

“Increasing Care Giver Burden and Consequences: The Case of Elder Abuse, Neglect and Mistreatment,”  
Liliana Giraldo-Rodríguez

“Social Support for Older Adults in a Clinical Context: Informal Care and Burden of Primary Carers of Dementia Patients”  
Teresa Júarez-Cedillo and Oscar Rosas-Carrasco

5:30–6:15 pm  
Comparative Discussion of Countries and Research Issues

6:15–6:30 pm  
Concluding Remarks

Day 2 | August 1, 2014

10:00–11:30 am  
Consensus Building

11:30–11:40 am  
Break

11:40 am–12:40 pm  
Research Group Breakouts

12:40–1:40 pm  
Research Plan Reporting

1:40–2:00 pm  
Concluding Remarks

2:00–2:15 pm  
Formal Closure of Workshop, Followed by Lunch
Dr. Chi is the Chinese-American Golden Age Association/ Frances Wu Chair for the Chinese Elderly and currently directs the China Program at the USC School of Social Work. Prior to joining the USC School of Social Work, she taught at the University of Hong Kong, in addition to chairing the Department of Social Work and its postgraduate research programs and serving as the director of the Sau Po Center on Aging. An expert in health and gerontology, Dr. Chi has participated in more than 90 studies and published more than 250 articles. She is an honorary professor, fellow, consultant and adviser to more than 30 local and overseas social work and aging-related organizations including the Gerontological Society of America, the Australian Association of Gerontology, interRAI, the American Academy of Social Welfare and Social Work, the University of Hong Kong, Peking University, and the University of Victoria in British Columbia, Canada.

Dr. Du is the director of the Institute of Gerontology, the deputy director of the Centre for Population and Development Studies, and a professor at Renmin University in Beijing, China. He has published numerous books and manuscripts on aging and persons with disabilities. His academic titles include vice president of the China Gerontological Society, president of the Beijing Association of Gerontology, chair of the International Association of Gerontology and Geriatrics Asia/Oceania Region, board member of the United Nations International Institute on Ageing, and board member of HelpAge International. In 2010, he was a Fulbright Visiting Scholar at the USC School of Social Work and USC Davis School of Gerontology. He was also a visiting scholar at the Center for Ageing Studies at Flinders University in Australia for two years.
Dr. Li is Changjiang Professor of Population Studies and director of the Institute for Population and Development Studies, School of Public Policy and Administration at Xi’an Jiaotong University. His research is focused on contemporary transitional China, including population policies, the evolution of childbearing culture, uxorilocal marriages, aging and old-age support, rural-urban migrants and social networks, gender and reproductive health, girl child survival and intervention strategy and policy, gender imbalance and sustainable social development, children’s birth registration, farmer’s livelihood strategy and environmental change. He is a consultant for the National Office of Care for Girls Campaign China and the Shaanxi Provincial Government, China as well as a member of the Advisory Committee for the National Population and the Family Planning Commission of China and a member of the Social Sciences Committee of Ministry of Education of China.

Merril Silverstein, PhD
Syracuse University

Dr. Silverstein is the inaugural Marjorie Cantor Professor of Aging Studies in the Department of Sociology and the School of Social Work at Syracuse University. He received his doctorate in sociology from Columbia University and prior to his current appointment was Professor of Gerontology and Sociology at the University of Southern California. His research focuses on aging within the context of family life, including intergenerational relationships over the life-course and international perspectives on aging families. He has over 150 publications, including almost 100 articles in peer-reviewed journals. He is associated with the Longitudinal Study of Generations, a project tracking multigenerational families over four decades, and has aging-related projects in China, Sweden, the Netherlands, and Israel. Dr. Silverstein is a fellow of the Gerontological Society of America, the Brookdale National Fellowship Program, and the Fulbright International Senior Scholars Program, and currently serves as editor-in-chief of the Journal of Gerontology: Social Sciences.
Presenters: United States

Jacqueline L. Angel, PhD
The University of Texas at Austin

Dr. Angel is a professor of public affairs and sociology and a faculty affiliate at the Population Research Center and the Lyndon B. Johnson School Center for Health and Social Policy at The University of Texas at Austin. Her research addresses the relationships linking family structures, inequality, and health across the life course, including a special focus on older Hispanics. She is particularly interested in evaluating the impact of social policies on the health and well-being of aging immigrants. Dr. Angel is co-organizer of the National Institute on Aging (NIA)-funded (R-13) grant for the “Conference Series on Aging in the Americas: Mexico and the United States.” She is a fellow of the Behavioral and Social Sciences section of the Gerontological Society of America as well as a senior fellow at the Sealy Center of Aging at The University of Texas Medical Branch at Galveston School of Medicine.

Kyriakos S. Markides, PhD
The University of Texas Medical Branch at Galveston

Dr. Markides is the Annie and John Gnitzinger Distinguished Professor of Aging and director of the Division of Sociomedical Sciences, Department of Preventive Medicine and Community Health at The University of Texas Medical Branch at Galveston. He is the author or co-author of over 340 publications, most of which are on aging and health issues in the Mexican American population as well as minority aging issues in general. He is currently principal investigator of the Hispanic EPESE (Established Population for the Epidemiological Study of the Elderly), a longitudinal study of the health of older Mexican Americans from five Southwestern states in the United States. Dr. Markides is credited with coining the term ‘Hispanic Epidemiological Paradox,’ which is currently the leading theme in Hispanic health. The Institute for Scientific Information (ISI) has listed him among the most highly cited social scientists in the world.
**Presenters: United States**

**Laura Trejo, MSG, MPA**  
*City of Los Angeles Department of Aging*

Ms. Trejo serves as General Manager of the City of Los Angeles Department of Aging and is responsible for the overall administration of the department and serving as technical and policy advisor to the mayor. Ms. Trejo is also co-director/investigator of the UCLA Los Angeles Community Academic Partnership for Research in Aging Center. The U.S. Administration on Aging acknowledges Ms. Trejo as a leader in the application of evidence-based models to improve the health and functioning of older adults. She has received numerous honors, including the Community Health Leadership award, considered the nation’s highest honor in community health. Ms. Trejo has been invited to speak at more than 300 professional and scientific meetings and was selected to represent California as a delegate to the White House Conference on Aging in 1995 and 2005. The United States Library of Congress has praised Ms. Trejo’s accomplishments as a force for social change.

**Ladson Hinton, MD**  
*School of Medicine, University of California, Davis*

Dr. Hinton is a professor and the director of Geriatric Psychiatry in the Department of Psychiatry at the University of California, Davis (UC Davis). He is a clinical scientist who has conducted interdisciplinary research on minority aging for more than 20 years, with a focus on the mental health needs and experiences of older Latinos. Dr. Hinton is nationally recognized for his expertise on the cultural aspects of geriatric mental health, particularly Alzheimer’s Disease and late life depression. He is the principal investigator of a National Institute of Mental Health (NIMH) study entitled, “Reducing Disparities in Depression Care for Ethnically Diverse Older Men,” which combines qualitative and quantitative approaches to examine barriers and facilitators of depression care among older Mexican origin and white non-Hispanic men. Prior to coming to UC Davis, Dr. Hinton served on the faculty at Harvard Medical School.
Presenters: Mexico

Sagrario Garay-Villegas, PhD
Autonomous University of Nuevo León

Dr. Garay-Villegas earned her bachelor’s degree in economics and her master’s degree in finance from the Autonomous Metropolitan University. She obtained her PhD in Social Science with a specialty in population studies from The College of Mexico. Dr. Garay-Villegas is professor and researcher of Social Work and Human Development at the Autonomous University of Nuevo León. Her areas of expertise include family, employment, and aging.

Verónica Montes de Oca Zavala, PhD
National Autonomous University of Mexico

Dr. Montes de Oca Zavala is Coordinator of the National Autonomous University of Mexico’s (UNAM) Interdisciplinary University Seminar on Ageing and Old Age, SUIEV. She earned her bachelor’s degree in sociology from the National Autonomous University of Mexico, and obtained her master’s degree in demography and her PhD in social science with specialty in population from the Center for Demographic Studies and Urban Development, The College of Mexico, COLMEX. Dr. Montes de Oca Zavala is a Level II researcher of the Mexican National System of Researchers. She is currently full-time senior researcher “B” at the Institute for Social Research at the National Autonomous University of Mexico. Her areas of expertise include demographic aging, gerontological studies, social protection systems, social networks, social support, family relations, gender and age, labor market, social security and public policies on aging.

Liliana Giraldo-Rodríguez, MSc
Instituto Nacional de Geriatría

Ms. Giraldo-Rodríguez earned her master’s degree in demography from The College of Mexico and obtained a diploma in applied statistics from the Research Institute of Mathematics and Systems, National Autonomous University of Mexico. She previously worked at the Latin American Faculty of Social Sciences and at the Institute of Social Research, National Autonomous University of Mexico. She is the Mexico representative for the International Network for the Prevention of Elder Abuse (INPEA). Her areas of expertise include demographic aging, abuse and discrimination against older persons, family and intergenerational relationships, rights and living conditions of institutionalized elderly, and gender and old age.
Dr. Juarez-Cedillo earned her bachelor’s degree in chemistry and pharmacobiology and her master’s degree in epidemiology from the National Autonomous University of Mexico. She obtained her PhD in science and collective health from the Metropolitan Autonomous University, Mexico. Dr. Juarez-Cedillo is a national Level I researcher at the National Council for Science and Technology, and a senior researcher “A” with the Instituto Mexicano del Seguro Social (Mexican Social Security Institute), Epidemiological Research Unit and Health Services Aging Area. She has worked as an expert in forensic genetics at the Office of the State Attorney General of Mexico City. In addition, she is a tenured professor at the National Autonomous University of Mexico. Dr. Juarez-Cedillo’s areas of expertise include dementia in the elderly, genetic epidemiology of the elderly population in Mexico, and pharmacovigilance, pharmacoepidemiology and pharmacogenetics in geriatrics.

Dr. Rosas-Carrasco earned his bachelor’s degree in medicine and basic surgery from the National Autonomous University of Mexico. He completed his medical specialties in geriatrics and internal medicine at the National Autonomous University of Mexico. Dr. Rosas-Carrasco also obtained a master’s degree in medical science from the National Autonomous University of Mexico. He is certified by the Board of Internal Medicine of Mexico and the Mexican Board of Geriatrics and is a national Level I medical science researcher of the National System of Researchers. Dr. Rosas-Carrasco is currently a professor at the graduate school of Internal Medicine at La Salle University, Mexico. His areas of expertise are quality of life in older adults, quality of life with dementia, factors related to elder abuse, caregiver overload for patients with dementia, pharmacoepidemiology in geriatrics, and frailty and sarcopenia in older adults.
GRNAH Leadership

Luis Miguel Gutiérrez-Robledo, MD, PhD
Instituto Nacional de Geriatria

Dr. Gutiérrez-Robledo is a Mexican scholar trained in France in geriatric medicine and the biology of aging; he received his PhD in Public Health from the University of Bordeaux in 2005. He has served in the faculty of the National University of Mexico School of Medicine since 1994 as head of the geriatric medicine specialty program. He founded the Department of Geriatrics at the National Institute of Geriatrics in Mexico. Dr. Gutiérrez-Robledo’s research agenda focuses on the epidemiology of aging and more specifically on frailty and dementia and the interface between both conditions. He has served in various national and global committees including the Advisory Committee for the International Association of Gerontology and Geriatrics, the Pan American Health Organization, and on the editorial boards of several specialty journals. He is the founding member of the Latin American Academy for the Medicine of Ageing (ALMA), and serves the profession in multiple forms including a member of review study sections of the Consejo Nacional de Ciencia y Tecnología. He has more than 100 publications among books and scientific papers.

William Vega, PhD
University of Southern California (USC)

Dr. Vega is a provost professor at USC with appointments in social work, preventive medicine, psychiatry, family medicine, psychology, and gerontology. He is also the executive director of the USC Edward R. Roybal Institute on Aging and an emeritus professor at the University of California, Berkeley. Prior to joining the USC Roybal Institute, Vega was director of the Luskin Center on Innovation and an associate provost at UCLA. An elected member of the Institute of Medicine, Vega has conducted community and clinical research projects on health, mental health and substance abuse throughout the United States and Latin America. His specialty is multi-cultural epidemiologic and services research with adolescents and adults—work that has been funded by multiple public and private sources. He has published more than 190 articles and chapters, in addition to several books. In 2006, the Institute for Scientific Information (ISI) Web of Science listed him in the top half of one percent of the most highly cited researchers worldwide in social science literature over the past 20 years. He is the recipient of many awards from organizations such as the Society for Prevention Research, the National Hispanic Science Network, and the American Public Health Association.
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