

Curriculum Vitae
Hsinyi (Cindy) Hsiao, PhD, MBA, MSc

Suzanne Dworak-Peck School of Social Work
University of Southern California
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EDUCATION

- 2013 PhD, Social Work, University of Southern California
 PhD Dissertation: *A Multilevel Model of Work-Family Conflict in a Global Context: A Comparative Study across 24 Countries*
- 2006 MBA, San Francisco State University, San Francisco
- 2000 MSc, Marketing, University of Birmingham, United Kingdom
- 1997 BA, Foreign Language and Literature, National Chung Cheng University, Taiwan

ACADEMIC POSITIONS

- 2017- Research Associate Professor, Suzanne Dworak-Peck School of Social Work,
 University of Southern California
- 2014 -2017 Research Assistant Professor, Suzanne Dworak-Peck School of Social Work,
 University of Southern California
- 2013- 2014 Visiting Clinical Assistant Professor, Suzanne Dworak-Peck School of Social Work,
 University of Southern California

SUB-FIELDS AND AREAS OF RESEARCH

Health and behavioral health; Work and life balance; Social and environmental sustainability; Social entrepreneurship; Cross-cultural studies; Mixed methods (qualitative/quantitative studies)

HONORS AND AWARDS

- 2016 2016 Early Career Work and Family Fellowship, Work and Family Researchers
 Network, University of Pennsylvania
- 2014 Faculty Award for Intergenerational Mobile Technology Opportunities Program in
 Taiwan, Tsai Family Research Fund for Taiwan Studies, East Asian Studies Center,
 University of Southern California
- 2012–2013 Graduate Assistant Award, Suzanne Dworak-Peck School of Social Work & Inter-
 University Consortium, University of Southern California
- 2012 Tsai Family Research Fund for Taiwan Studies, East Asian Studies Center, University of

- Southern California
- 2011 Doctoral Student Summer Research Fellowship, Hamovitch Center for Science in the Human Services, University of Southern California
- 2007–2011 Graduate Scholarship, Suzanne Dworak-Peck School of Social Work, University of Southern California
- 2008–2011 Research Assistantship, Center on Child Welfare, University of Southern California
- 2007–2009 Provost Fellowship, University of Southern California

GRANTS RECEIVED

Principal Investigator

- 2018 A Care Model for Rare Disorder Families: Application of Mobile Integrated Care (PI: Hsinyi Hsiao at USC and Shaoyin Chu at Hualien Tzu Chi Hospital, funded by Health Promotion Administration, Ministry of Health and Welfare, January 2018-December 2018, \$37,000)

Co-Principal Investigator

- 2014–2017 Intergenerational Mobile Technology Opportunities Program (PI: Shinyi Wu, funded by Taipei Fubon Bank Charity Foundation, July 2014- June 2017, \$1,500,000)
- 2015–2017 Culturally Adapted Curriculum Development for MSW Program at Beijing Normal University (PI: R. Paul Maiden, funded by Beijing Normal University, January 2015-May 2017, \$200,000)

PROFESSIONAL EXPERIENCE

Co-Investigator

- 2013–2015 Shared Decision-Making for Breast Cancer Treatment Research Study (PI: Judy Wang at Lombardi Comprehensive Cancer Center at the Georgetown University, September 2013-August 2015)
- 2013 Factors affecting health literacy among Chinese American Immigrants with Diabetes (PI: Angela Yee Man Leung at University of Hong Kong)
- 2011 Dementia Care Training Needs among Mental Health Professionals in Beijing (PI: Iris Chi and Yueqin Huang at Peking University Sixth Hospital)

USC Suzanne Dworak-Peck School of Social Work

Research Assistant

- 2010–2013 The Impact of Diversity on Individual Outcomes and Organizational Performance: A Meta-Analysis (with Michàlle Mor Barak)
- 2010 Quality Assessment of Non-RCT Articles (with Iris Chi)
- 2009 Taiwanese Social Welfare System (with Shu-Chiung Liu at National Taiwan University)
- 2008–2013 Implementing LEAN Manufacturing Systems in a Cross-Cultural Environment (PI: Ravi Kumar, funded by Nike)
- 2008–2010 Managing Diversity: Toward a Globally Inclusive Workplace (with Michàlle Mor Barak)
- 2008 When East Meets West- Employees' Work & Life Balance (with Michàlle Mor Barak)

USC Center on Child Welfare

2012–2013 Managing Child Welfare and Human Services Workforce: Diversity, Retention, Supervision, and Work Results from a Decade of Longitudinal, Quantitative, Qualitative and Meta-Analysis Research (with Michàlle Mor Barak)

2007–2010 Supervision and Worker Retention (with Michàlle Mor Barak)

Department of Children and Family Services (DCFS) in Los Angeles County, University of Southern California, National Taiwan University and Taiwan's Child Welfare Bureau

2011 **Project Coordinator**

A Translational Study: Development and Implementation of SDM System Based Upon DCFS Experience in Taiwan's Child Protective System (with Mitch Mason, Division Officer at DCFS, Jacquelyn McCroskey at USC, Dr. Shu-Chiung Liu at National Taiwan University and Officer Lin at Taiwan's Child Welfare Bureau)

PUBLICATIONS

A. *Research Papers – Peer Reviewed*

Hsiao, H. Y., Yi, C., Yu, P., Tseng, T., Wu, S., & Chi, I. Nonfamilial intergenerational program to promote health awareness, attitudes, and behaviors for diabetes prevention among young adults in Taiwan: A Qualitative Study. *Journal of the Society for Social Work and Research* (accepted)

Xu, L., **Hsiao, H. Y.**, Denq, A., & Chi, I. Training needs for dementia care in China from the perspectives of mental health providers: Who, what and how? *International Psychogeriatrics* (in press).

Mor Barak, M. E., Lizano, E. L., Kim, A., Duan, L., Rhee, M. K., **Hsiao, H. Y.**, & Brimhall, K. C. A. (2016). The promise of diversity management for climate of inclusion: A state-of-the-art review and meta-analysis. *Human Service Organizations: Management, Leadership, & Governance*, 1-29. doi:10.1080/23303131.2016.1138915

Hsiao, H. Y., Liu, Z., Xu, L., Huang, Y., & Chi, I. (2015). Knowledge, attitudes, and clinical practices for patients with dementia among mental health providers in China: City and town differences. *Gerontology & Geriatrics Education*, 1-17. doi:10.1080/02701960.2014.990152

Hsiao, H. Y. & Mor Barak, M. E. (2014). Job-Related Stress, Social Support, and Work–Family Conflict among Mexican Workers in a multinational company: A Case Study of a Korean-owned, US-branded Former “Sweatshop” in Mexico. *International Journal of Social Welfare*, 23(3), 309-320. doi: 10.1111/ijsw.12065

Hsiao, H. Y., Xu, L., Chi, I., & Silverstein (2014). Does productive role occupancy prevent depression among older rural Chinese adults? A latent difference score analysis. *Aging and Mental Health*, 18(1), 51-58. doi: 10.1080/13607863.2013.771614

Leung, A. Y. M., Bo, A., **Hsiao, H. Y.**, Wang, S. S., & Chi, I. (2014) Health literacy issues in the care of Chinese American immigrants with diabetes: A qualitative study. *BMJ Open*, 4:e005294. doi:10.1136/bmiopen-2014-005294.

Lizano, E. L., **Hsiao, H. Y.**, Mor Barak, M. E., & Casper, L. M. (2014). Support in the workplace: Buffering the deleterious effects of work-family conflict on child welfare workers' well-being

and job burnout. *Journal of Social Service Review*, 40 (2), 178-188.

doi:10.1080/01488376.2013.875093

Xu, L., Wu, B., Chi, I., & **Hsiao, H. Y.** (2012). Intensity of grandparent caregiving and life satisfaction among older rural Chinese adults: A longitudinal study using latent different score analysis. *Family and Community Health*, 35(4), 287-299. doi: 10.1097/FCH.0b013e31826665d0

B. Book Chapters

Hsiao, H. Y., Hsu, H. T., Boudreaux, D., & Ting, A. (in press). Global grassroots green movement driven by Tzu Chi Foundation's recycling volunteers: A multifaceted model of environmental sustainability with transformative social changes. In A. Chong & I. Chi (Eds.), *Social and Environmental Sustainability in Asia and the Pacific Rim: Implications to Social Work*. Singapore: Routledge.

C. Reports

Mor Barak, M. E., Travis, D.J., Pyun, H., **Hsiao, H. Y.**, Rhee, M. K., Lizano, E. L., & Kim, A. (2009). Retaining and engaging child welfare workers: Findings from 9 Years of longitudinal, quantitative and qualitative studies of child welfare worker retention. USC Center on Child Welfare, Los Angeles, CA.

D. Research Papers – Under Peer Review/In Revision

Hsiao, H. Y., Tseng, T., Yi, C., Yu, P., Wu, S., & Chi, I. The Effects of intergenerational mobile opportunity program on young adults' attitudes toward older adults and family relationship. (in preparation – *Journal of the Society for Social Work and Research*)

Hsiao, H. Y. & Mor Barak, M. E. National family-friendly policy bundles and work-family conflict: A multilevel study. (under review - *American Sociological Review*)

Hsiao, H. Y. A cross-cultural study of organizational work-family initiatives, work-family demands and conflict, and consequences. (under review - *Journal of Vocational Behavior*)

Hsiao, H. Y. Personality, culture, work-family conflict, and subject well-being. (under review - *Journal of Applied Psychology*)

Wu, S., Lee, P. J., Kexin, **Hsiao, H. Y.**, Tseng, Y., & Chi, I. Longitudinal effects of an intergenerational mobile health diabetes self-management training program on older adults with type 2 diabetes in Taiwan. (in preparation – *The Gerontologist*)

PRESENTATIONS

Peer Reviewed

Hsiao, H. Y., Yu, P., Yi, C., Lee, P. J., Chi, I., & Wu, S. (Jan, 2018). Differences and Similarities in Youth Development, Health Promotion, Purpose in Life, Usage of Internet and Intergenerational Relationship among College Students in Healthcare-Related and Non-Related Majors in Taiwan. Oral Presentation Presented at 2018 Annual Conference of the Society for Social Work and Research, Washington, DC.

Kexin, Y., Wu, S., Chi, I., **Hsiao, H. Y.**, Lee, P. J., & Lin, J. P. (Jan, 2018). The Effects of Family

- Relationship on the Technology Usage among Older Adults with type-2 diabetes. Oral Presentation Presented at 2018 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Liu, R., Kexin, Y., Wu, S., Chi, I., **Hsiao, H. Y.**, Lee, P. J. (Jan, 2018). The Impact of Diabetes Self-Management Mobile Technology Application Usage on Self-Care Behaviors among Older Adults. Oral Presentation Presented at 2018 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Chi, I., Wu, S., **Hsiao, H. Y.**, & Lee, P. J. (July, 2017). The Effects on Health and Well-being of Older Diabetes Patients Using IMTOP Mobile App in Taiwan. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Hsiao, H. Y.**, Chen, Y., Ho, C. Y., Sun, Z., Wu, S., & Chi, I. (July, 2017). How Youth Adults Changed Attitudes toward aging and Health through IMTOP Volunteering Experience. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Hsiao, H. Y.**, Wu, S., Ho, C. Y., Chen, Y., Sun, Z., & Chi, I. (Jan, 2017). Assessing the Effectiveness of Volunteering in a Diabetes Self-Management Technology Program on Youth's Health Awareness and Prevention of Chronic Illness. Oral Presentation Presented at 2017 Annual Conference of the Society for Social Work and Research, New Orleans, LA.
- Kexin, Y., Wu, S., Chi, I., **Hsiao, H. Y.**, & Lee, P. J. (July, 2017). Longitudinal Effects of an Intergenerational Mobile Technology Program on Older Diabetes Patients. Poster Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Li, M. F., Hagedorn, A., Chuan, T. Y., Wu, S., **Hsiao, H. Y.**, Chi, I., & Lee, P. J. (July, 2017). Analysis of Obstacles and Motivations Found Utilizing a Diabetes Health App for Older Patients. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Ling, X., **Hsiao, H. Y.**, Denq, W., & Chi, I. (July, 2017). Training Needs and Education for Dementia Care in China: The Perspectives of Mental Health Providers. Poster Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Wu, S., **Hsiao, H. Y.**, Chi, I., & Lee, P. J. (July, 2017). Development of a Diabetes Self-Management App and Analysis of Usage Patterns among Older Patients. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Wu, S., **Hsiao, H. Y.**, Chi, I. (July, 2017). Research Design of the Intergenerational Mobile Technology Opportunities Program (IMTOP) in Taiwan. Oral Presentation Presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Wu, S., **Hsiao, H. Y.**, Tseng, Y. C., & Lee, P. J. (Jan, 2017). Supporting Diabetes Self-Management among Older Adults through Mobile Technology Application and Intergenerational Support: IMTOP Program Design and Effectiveness. Oral Presentation Presented at 2017 Annual Conference of the Society for Social Work and Research, New Orleans, LA.
- Chi, I., Wu, S., **Hsiao, H. Y.**, & Lee, P. J. (Nov, 2016). The Effects of IMTOP on the Well-Being of Older Diabetes Patients in Taiwan: Preliminary Findings. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.

- Hsiao, H. Y.**, Wu, S., Ho, C. Y., Chen, Y., Sun, Z., Chi, I., & Lufei, X. (Nov, 2016). The Effects of IMTOP on Young Volunteers' Attitudes Toward Older Adults and Self Improvement. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.
- Wang, S., Wu, S., **Hsiao, H. Y.**, Chi, I., & Lee, P. J. (Nov, 2016). The IMTOP Diabetes App: Evaluation of Application Development and Analysis of Usage Pattern. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.
- Wu, S., **Hsiao, H. Y.**, & Chi, I. (Nov, 2016). Intergenerational Mobile Technology Opportunities Program in Taiwan: Program and Research Design. Oral Presentation Presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans.
- Hsiao, H. Y.** & Hsiao, S. H. (July, 2015). DaAi TV: Creating Global Sustainable Community through Integration of Social Enterprise Model, Recycling, and Media. Oral Presentation Presented at the 19th international Symposium of the International Consortium for Social Development, Singapore.
- Hsiao, H. Y.**, Hsiao, S. C., & Wang, J. (January, 2015). Comparisons of Physician-Patient Communication and Shared Decision-Making Process for Treatment between Chinese and Non-Hispanic White Women Breast Cancer Survivors: A Mixed-Method Study. Oral Presentation Presented 2015 Annual Conference of the Society for Social Work and Research, New Orleans, LA.
- Murali, N., Hsiao, S. C., & **Hsiao, H. Y.** (July, 2015). Indigenous Leadership: Transfer of Social Technology to Modern Management in Human Service. Oral Presentation Presented at the 19th international Symposium of the International Consortium for Social Development, Singapore.
- Mor Barak, M. E., Lizano, E. L., Kim, A., Duan, L., Rhee, M. K., **Hsiao, H. Y.**, & Brimhall, K. C. (January, 2014). A Meta-analysis of Beneficial and Detrimental Outcomes of Organizational Diversity and Climate of Inclusion in Human Service Organizations. Oral Presentation Presented at 2014 Annual Conference of the Society for Social Work and Research, San Antonio, TX.
- Hsiao, H. Y.**, Lizano, E. L., & Mor Barak, M. E. (January, 2013). Latent Difference Score Approach to Longitudinal Work-Family Conflict and Mental Health Research on Child Welfare Workers. Oral Presentation Presented at 2013 Annual Conference of the Society for Social Work and Research, San Diego, CA.
- Hsiao, H. Y.**, Xu, L., & Chi, I. (Nov, 2012). Training Needs of Dementia Care among Community Mental Health Practitioners in Beijing, China. Oral Presentation Presented at The Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA.
- Hsiao, H. Y.**, Xu, L., Chi, I., & Silverstein, M. (January, 2012). Multiple Role Occupancy and Material Support As Protective Factors for Chinese Older Adults' Psychological Well-Being: A Longitudinal Study Using Latent Growth Curve Analysis. Oral Presentation Presented at 2012 Annual Conference of the Society for Social Work and Research, Washington, DC.
- Hsiao, H. Y.** & Mor Barak, M. E. (January, 2012). Work Resources, Work Stress, Work-Family Conflict and Their Consequences at Work Among Garment Workers in Mexico: A Mixed

Methods Study. Oral Presentation Presented at 2012 Annual Conference of the Society for Social Work and Research, Washington, DC.

Hsiao, H. Y., Xu, L., Chi, I., & Silverstein, M. (August, 2011). Trajectories of Productive Roles and Depression among Chinese Rural Elders: Analysis of Individual Growth Curves. Oral Presentation Presented at Productive Aging in China: Toward Evidence-Based Practice and Policy, Beijing, China.

Hsiao, H. Y. & Mor Barak, M.E. (March, 2011). A Missing Voice in Globalization: Work-family Challenges Faced by Female Garment Workers in Family-Unfriendly Work Climate in Mexico. Oral Presentation Presented at Fourth Conference on International Social Work, Los Angeles, CA.

Hsiao, H. Y., Rhee, M. K., & Mor Barak, M. E. (March, 2011). Discrepancy of Cross-Cultural Communication Perceptions between Low-Skilled Mexican Workers and Their Expatriate Superiors in a Sweatshop in Mexico. Oral Presentation Presented at Fourth Conference on International Social Work, Los Angeles, CA.

Hsiao, H. Y., Casper, L. M., & Mor Barak, M.E. (January 2011). The Impact of Perceived Organizational Support on the Relationship between Work-Family Conflict and Psychological Well-Being among Public Child Welfare Workers. Poster Presented at 2011 Annual Conference of the Society for Social Work and Research, Tampa, FL.

Hsiao, H. Y. & Mor Barak, M.E. (January 2011). The Impacts of Work and Non-work Social Support on Work Stress and Work-Family Conflict among Low-Wage and Low-Skilled Mexican Workers. Oral Presentation Presented at 2011 Annual Conference of the Society for Social Work and Research, Tampa, FL.

Hsiao, H. Y. & Mor Barak, M.E. (June 2010). Social Workers' Roles in Corporate Social Responsibility Agenda: Human Rights, Social Justice, and Employees' Well-Being. Oral Presentation Presented at 2010 Joint World Conference on Social Work and Social Development: The Agenda, Hong Kong, China.

Mor Barak, M.E., **Hsiao, H. Y.**, & Rhee, M. K. (June 2010). Sustainable Cross-Cultural Relationships in a Global Enterprise: Corporate Social Responsibility Agenda in a Low-Wage and Low-Skilled Workplace. Poster presented at 2010 Joint World Conference on Social Work and Social Development: The Agenda, Hong Kong, China.

Invited

Wu, S., **Hsiao, H. Y.**, Chi, I., & Tseng, Y. (Dec, 2016). Intergenerational Mobile Technology Opportunities Program in Taiwan. *Ministry of Health and Welfare*, Taipei, Taiwan

Hsiao, H. Y. (November, 2016). Implications of Diabetes Self-Management Technology Program for Telecare in Taiwan. *ASUSTeK Computer Inc.*, Taipei, Taiwan.

Hsiao, H. Y. (October, 2016). Aging in China and Taiwan: Trends, Challenges, and Opportunities. *USC US-China Institute*, Los Angeles, CA

Hsiao, H. Y. (December, 2015). Youth Empowerment, Volunteerism, and Career Development. *UMC Science and Culture Foundation*, Hsinchu, Taiwan

- Hsiao, H. Y.** (December, 2015). Transformative Social Changes through Community-Based Services. *DA.AI Technology*, Taipei, Taiwan.
- Hsiao, H. Y.** (January, 2015). Global Education and Career Development at University of Southern California. *Chung Shan Medical University*, Taichung, Taiwan.
- Hsiao, H. Y.** (December, 2012). Caregiving Needs for Older Adults with Dementia in China. *Anhui University*, Anhui, China.
- Hsiao, H. Y.** (October, 2012). Multiple Role Occupancy as a Protective Factor for Chinese Older Adults' Psychological Well-Being: A Longitudinal Study Using Latent Growth Curve Analysis. *Academia Sinica*, Taipei, Taiwan.
- Hsiao, H. Y.** (September, 2011). Suicide Prevention. *Tzu Chi Medical Foundation*, South El Monte, CA.

TEACHING INTERESTS

Social work and business settings; Work and life balance; Research methods; Productive aging; Program development, evaluation and training; Human behavior and the social environment

TEACHING EXPERIENCE

USC Suzanne Dworak-Peck School of Social Work

- 2018 Instructor, *Science of Social Work* (SOWK546)
- 2016 Instructor, *Social Work and Business Settings* (SOWK672)
- 2013–2014 Instructor, *Research in Social Work* (SOWK562)
- Instructor, *Human Behavior and the Social Environment* (SOWK503)
- 2012 Guest Lecturer, *Productive Aging* (SOWK653)
- 2011 Co-Instructor, *Social Work with Older Adults* (SOWK599)
- 2010 Teaching Assistant, *Proposal Writing, Program Development, Evaluation, and Training in Work Organizations and in Military-Related Settings* (SOWK673)
- 2009 Teaching Assistant, *Taiwan Social Welfare System*

Beijing Normal University

- 2016-2018 Guest Lecturer, Social Work and Business Settings

CERTIFICATES

- 2002 Professional Diploma Program in Business Administration, University of California, Berkeley Extension, Berkeley
- 1998 Certificate of Middle High School English Teacher, Taiwan

ADVANCED TRAINING

- 2012 Problem Solving Therapy, Hamovitch Center for Science in the Human Services, University of Southern California
- Motivational Interviewing Training, Hamovitch Center for Science in the Human Services, University of Southern California
- Hierarchical Linear Modeling Workshop, National Taichung University of Science and

- Technology, Taichung, Taiwan
- 2009 ICPSR Summer Program in Quantitative Methods of Social Research, University of Michigan, Ann Arbor

SERVICE ACTIVITIES

USC Suzanne Dworak-Peck School of Social Work

- 2018 Member, MSW Admissions Review Committee
- 2016– Member, Faculty Development Committee
- 2016 Facilitator, Leadership Training Workshops for Managers in Human Service Organizations in China Hosted by Network for Social Work Management and School of Social Development and Public Policy at Beijing Normal University
- 2015 Member, Annual Performance Review Committee, Community, Organization, and Business Innovation Department
- 2013– Member, research cluster on Management, Organizations and Policy Transformation
- 2013– Member, Community, Organization, and Business Innovation Department
- 2011–2018 Liaison, Field Placement between Suzanne Dworak-Peck School of Social Work at USC, Tzu Chi Medical Centers (in Alhambra and South El Monte) and Charity Department in San Dimas
- 2008–2009 Co- Chair of Doctoral Student Association

USC University Service

- 2013– Faculty advisor, Tzu Chi Collegiate Youth Club (Tzu Ching Trojans)
- 2012–2013 Treasurer, Tzu Chi Collegiate Youth Club (Tzu Ching Trojans)
- 2012 Co-Founder and Officer of Activity Planning, Tzu Chi Collegiate Youth Club (Tzu Ching Trojans)

Community Service

Los Angeles, CA

- 2018– Board Member for Tzu Chi Medical Foundation
- 2017– Consultant for Charity Development Department for Buddhist Tzu Chi Foundation, USA Headquarters
- 2017–12 Mexico Earthquake Disaster Outreach
Ventura Wild Fire Disaster Outreach
- 2017–9 Street Fund Raising in San Gabriel Valley for Hurricane Harvey Flooding Survivors
Tzu Chi Annual Charity Concert: Thousands of Helping Hands at Microsoft Theater
- 2013– Regional Advisory Board Member for Tzu Chi Collegiate Youth Club Activities in Southern California (Eight Chapters including USC, UCLA, UC San Diego, UC Irvine, UC Riverside, Cal State Northridge, Cal State Fullerton, and Cal State Long Beach)
- 2013– Monthly Visits to Live Oak Rehabilitation Center in San Gabriel
- 2012– Tzu Chi Annual Charity Concert: Blessing for the World on San Dimas campus

- 2013– Benefits of Vegetarianism: Human Health, Animal Welfare and Environmental Sustainability Organized by USC Tzu Ching Chapter on UPC campus
- 2014 Seal Beach Cleanup
Street Fund Raising in San Gabriel Valley for Nepal Earthquake Survivors
- 2013 Free Medical Outreach in Bakersfield Organized by Tzu Chi Medical Foundation
- 2012 Tzu Chi Flower Arrangement: To See the World through Flower on UPC Campus
Free Medical Outreach in San Bernardino organized by Tzu Chi and Care 4 a Healthy I.E.
Free Medical Outreach in Rosemond Organized by Tzu Chi Foundation
Garbage to Gold: Fight on for Earth Day 2012 Organized by USC Tzu Ching Chapter on UPC Campus
- 2011 Outreach Organized by Tzu Chi for “A Free Vegetarian Thanksgiving Meal for the Needy in the Community”
Fundraising for Japan 311 Tsunami Survivors
Free Medical Outreach Organized by Tzu Chi and CareNow LA
- 2010 Free Medical Outreach Organized by Tzu Chi and Modern House Call for Women
- 2009 Grant Reviewer for Low-Income Youth Scholarship, Tzu Chi Foundation
- San Diego, CA***
- 2007–2011 Emergency Social Relief for Wildfire Survivors
- San Francisco, CA***
- 2007–2001 Town Hall Meeting with Mayor Gavin Newsom for Ending Chronic Homelessness, Richmond Recreation Center.
- 2006–2012 Homeless Blanket and Jacket Distribution
John Muir Elementary School Winter Distribution for Low Income Families
San Francisco Otis Shelter Blanket Distribution
George Washington Elementary School Winter Distribution for Low Income Families
- 2006–2006 Monthly Homeless Hot Meal Service
- 2006–2009 Disaster Preparedness Expo: A Lesson Learned from Katrina, Jack London Square, Oakland
San Francisco Food Bank
- 2006–2007 Instructor, Tzu Chi Academy
- 2004–2006 Annual San Francisco Chinatown Clean up
- 2004 19th Avenue Healthcare Center Home Visit
- Taiwan***
- 2005 Assisting Manufacturing Eco-Friendly Blankets for South Asia Tsunami Survivors, Taipei
- 2002 Assisting Manufacturing Eco-Friendly Blankets for Afghanistan Disaster Survivors, Taipei
- 2001 Disaster relief service for Nari Hurricane Survivors, Taipei
- 2001 Oral Interpreter for World Religious Cooperation Conference, Taipei
- 2000 Disaster relief service for September 21 Earthquake survivors, Nantou County

- 2000 Hostess, 21st Century First International Buddhist Youth Forum - Vision and Leadership, Chinese Youth Buddhist Association, Taipei
- 1993–1997 Founder and President, Tzu Chi Collegiate Youth Club (Chiayi Chapter), National Chung Cheng University, Chiayi
- 1991–1992 Vice President of Student Union, Ginling Girls' High School, New Taipei County

Manuscript Reviewer

- 2017– Reviewer, *Gerontology and Geriatric Medicine*
- 2012– Reviewer, *Aging and Mental Health*
- 2009–2012 Reviewer, *International Journal of Social Welfare*

PROFESSIONAL MEMBERSHIP

- 2016– Member, Work and Family Researchers Network
- 2007– Member, Society for Social Work and Research
- 2007– Member, Gerontological Society of America

MEDIA

DaAi TV, January 15, 2016. *Intergenerational mobile technology opportunities program (IMTOP) for diabetes patients*. <http://www.daai.tv/daai-web/news/content.php?id=970112>

DaAi TV, September 22, 2016. *Young volunteers teaching older adults using tablets for self-care management*. <http://www.daai.tv/daai-web/news/content.php?id=983091>