

John Bosco S. Bunyi, BA, MA MFT

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Education

Div. of Continuing Education, University of California, Irvine June 2017
Data Science Courses

University of Southern California June 2014-May 2016
Master of Marriage and Family Therapy

University of California, Irvine September 2006-June 2012
Bachelor of Arts in Cognitive Psychology

Additional Certifications & Qualifications

Registered Associate Marriage and Family Therapist #95340 February 2018

Collaborative Problem-Solving, Tier I February 2018

Trauma Focused CBT June 2018

Research & Publications

Published Articles/Papers

- Saba, S. K., Davis, J. P., Prindle, J. J., Howe, E., Tran, D. D., **Bunyi, J.**, ... & Pedersen, E. R. (2024). Bidirectional Associations Between Pain and Perceived Stress Among Veterans: Depressive Disorder as a Predisposing Factor. *Psychosomatic Medicine*, 86(1), 44-51.
- Schueller, S. M., Wasil, A. R., **Bunyi, J.**, DeRubeis, R. J., & Weisz, J. R. (2023). Mental Health Apps for Children and Adolescents: A Clinician-Friendly Review. *Journal of the American Academy of Child and Adolescent Psychiatry*, S0890-8567.
- Davis, J. P., Pedersen, E. R., Borsari, B., Bowen, S., Owen, J., Sedano, A., ... & **Bunyi, J.** (2023). Development of a mobile mindfulness smartphone app for post-traumatic stress disorder and alcohol use problems for veterans: Beta test results and study protocol for a pilot randomized controlled trial. *Contemporary Clinical Trials*, 107181.
- Kaveladze BT, Wasil AR, **Bunyi JB**, Ramirez V, Schueller SM. User Experience, Engagement, and Popularity in Mental Health Apps: Secondary Analysis of App Analytics and Expert App Reviews. *JMIR Hum Factors*. 2022 Jan 31;9(1):e30766. doi: 10.2196/30766. PMID: 35099398; PMCID: PMC8844980.
- Erhardt, Drew & **Bunyi, John** & Dodge-Rice, Zoë & Neary, Martha & Schueller, Stephen. (2022). Digitized thought records: a practitioner-focused review of cognitive restructuring apps. *The Cognitive Behaviour Therapist*. 15. 10.1017/S1754470X22000320.
- **Bunyi J**, Ringland KE and Schueller SM (2021). Accessibility and Digital Mental Health: Considerations for More Accessible and Equitable Mental Health Apps. *Front. Digit. Health* 3:742196. doi: 10.3389/fdgth.2021.742196

- Neary, M., **Bunyi, J.**, Palomares, K., Mohr, D. C., Powell, A., Ruzek, J., ... & Schueller, S. M. (2021). A process for reviewing mental health apps: Using the One Mind PsyberGuide Credibility Rating System. *Digital Health*, 7, 20552076211053690.

Under Review

- Wasil, A. R., **Bunyi, J.**, DeRubeis, R. J., & Schueller, S. M. An analysis of analytic data for mental health apps from 2020 to 2021: No evidence of an increase during the COVID-19 pandemic. Manuscript under review.

Posters

- **Bunyi JBS**, Neary M, Stadnick NA, Schueller SM, Eikey E, Mark G, Schneider M, Zheng K, Mukamel DB, Sorkin D. (2020, November). A MARKET ANALYSIS OF DIGITAL MENTAL HEALTH PRODUCTS DRIVEN BY A STATEWIDE IMPLEMENTATION PROJECT (Poster). Association for Behavioral and Cognitive Therapies (ABCT) Conference, Online.

Other Writings

- **John Bunyi, MFT**, Katelyn Davis, MPH, Elizabeth Eikey, PhD, Gloria Mark, PhD, Daniela Macias, Bessie Mathew, MPH, Dana Mukamel, PhD, Martha Neary, MSc, Stephen Schueller, PhD, Margaret Schneider, PhD, Dara H. Sorkin, PhD, Nicole Stadnick, PhD, Kai Zheng, PhD (2019; Authors listed in Alphabetical Order). Help@Hand Statewide Evaluation: Year 1 (Quarter 2) Report. Program of Research in Translational Technology Enabling High Quality Care, University of California, Irvine.
- **John Bunyi, MMFT**, Katelyn Davis, MS, Elizabeth Eikey, PhD, Cinthia De Leon, MPH, Gloria Mark, PhD, Daniela Macias, Bessie Mathew, MPH, Dana Mukamel, PhD, Martha Neary, MSc, Stephen Schueller, PhD, Margaret Schneider, PhD, Dara H. Sorkin, PhD, Nicole Stadnick, PhD, Kai Zheng, PhD (2019; Authors listed in Alphabetical Order). Help@Hand Statewide Evaluation: Year 1 (Quarter 3) Report. Program of Research in Translational Technology Enabling High Quality Care, University of California, Irvine.
- Sorkin, D.H.; Mukamel, D.; Eikey, E.; Mark, G.; Schueller, S.M.; Schneider, M.; Stadnick, N.; Zheng, K.; Borghouts, J.; **Bunyi, J.**; Davis, K.; De Leon, C.; Macias, D.; Mathew, A.B.; Neary, M.; Swanson, K. (2020). Help@Hand Statewide Evaluation Annual Update-Year 1. Program of Research in Translational Technology Enabling High Quality Care, University of California, Irvine.
- Sorkin, D.H.; Mukamel, D.; Eikey, E.; Mark, G.; Schueller, S.M.; Schneider, M.; Stadnick, N.; Zheng, K.; Borghouts, J.; **Bunyi, J.**; Davis, K.; De Leon, C.; Macias, D.; Mathew, A.B.; Neary, M.; Palomares, K.; Swanson, K. (2020). Help@Hand Statewide Evaluation: Year 2 (Quarter 1) Report. Program of Research in Translational Technology Enabling High Quality Care, University of California, Irvine.
- Sorkin, D.H.; Mukamel, D.; Eikey, E.; Mark, G.; Schueller, S.M.; Schneider, M.; Stadnick, N.; Zheng, K.; Borghouts, J.; **Bunyi, J.**; Davis, K.; De Leon, C.; Macias, D.; Mathew, A.B.; Neary, M.; Palomares, K.; Swanson, K. (2020). Help@Hand Statewide Evaluation: Year 2 (Quarter 2) Report. Program of Research in Translational Technology Enabling High Quality Care, University of California, Irvine.
- Sorkin, D.H.; Mukamel, D.; Eikey, E.; Schueller, S.M.; Schneider, M.; Stadnick, N.; Zheng, K.; Borghouts, J.; **Bunyi, J.**; Davis, K.; De Leon, C.; Janio, E.; Marcotte, V.; Mathew, A.B.; Neary, M.; Palomares, K.; Swanson, K. (2020). Help@Hand Statewide Evaluation: Year 2 (Quarter 3) Report.

Program of Research in Translational Technology Enabling High Quality Care, University of California, Irvine.

- Sorkin, D.H.; Mukamel, D.; Eikey, E.V.; Schueller, S.M.; Schneider, M.; Stadnick, N.; Zheng, K.; Borghouts, J.; **Bunyi, J.**; De Leon, C.; Jacobson, L.; Marcotte, V.; Mathew, A.B.; Neary, M.; Palomares, K.; Swanson, K. (2021). Help@Hand Evaluation: Year 2 Annual Evaluation Report. Program of Research in Translational Technology Enabling High Quality Care, University of California, Irvine.

Professional Memberships

Association of Cognitive and Behavioral Therapies (ABCT) October 2021-Present

International Society for Research on Internet Interventions (ISRII) November 2021-Present

Professional Experience

Compass Therapy | Newport Beach, CA March 2021-August 2022
Associate Marriage and Family Therapist (AMFT) supervised by Dr. Jessica Borelli

- Provides psychotherapeutic services to clients (assessment, treatment planning, individual therapy) in a private practice setting.

UC Irvine & One Mind PsyberGuide | Irvine, CA April 2019-August 2022
Digital Mental Health Specialist / Research Associate

- Helps manage a team who objectively rates and publishes reviews of mental health focused mobile app and technology on PsyberGuide.org, a not-for-profit project of OneMind.
- Leads the Digital Drop-Ins which are bi-monthly events where attendees come to discuss and learn about mental health technologies.
- Assists with survey development, literature reviews, coding of qualitative data, data analysis, writing and editing manuscripts, developing workflows and automations, updates to mental health app rating scales.
- Interfaces with various county leadership and clinicians for the purposes of evaluating the implementation of the Help@Hand Project.
- Provides consultation and contributes expert opinion in the development of apps for mental wellness.

Olive Crest | Santa Ana, CA June 2018-June 2019
STRTP Mental Health Clinician (AMFT)

- Provided necessary therapeutic supports for clients and caregivers; assessments (e.g., YOQ, CAFAS, CANS, PSC-35), treatment planning, individual, group and family therapy, discharge planning, case management, participation in Child and Family Team.
- Coached group home staff on providing trauma informed care and providing client care with a therapeutic focus.
- Advocated for client services and rights.
- Provided crisis de-escalation and support to clients.
- Combined evidence-based practice with unique technologies such as virtual reality with deep-breathing exercises to help deliver treatment.

Bright Brain Learning | Huntington Beach, CA May 2013-December 2019

Program Development, Co-Founder

- Developed "Creating Lifelong Learners;" a program focused on acknowledging the socio-emotional and cognitive aspects of learning for students.
- Assessed students for barriers to learning including grief, trauma, anxiety, and learning challenges.
- Solidified the company's mission to provide unique training to aspiring teachers which led to partnerships formed with faculty and departments at local colleges and universities.

Rossier Park Elementary (Spectrum Charter Schools) | Orange, CA

September 2016-August 2017

Marriage and Family Therapist Intern (MFTi)

- Administered therapeutic interventions for behaviorally challenging elementary and middle school-aged students who have been given a label of "Emotionally Disturbed" (ED) by their school-districts and have been sent to a more intensive non-public school setting.
- Document goals and progress of behavior plans in students' Individualized Education Plans (IEPs).
- Utilized technology such as virtual reality to deliver anxiety reduction techniques and other mental health treatments.

Behavioral Health Works | Orange, CA

May 2016-August 2016

Case Supervisor

- Gathered data on behaviors targeted for change and utilized data to create behavior modification plans for children and adolescents on the Autism Spectrum.
- Developed non-traditional, tailored, behavior-based programs to help in reaching target goals.

West Covina Unified School District | West Covina, CA

August 2015-May 2016

Counseling Intern/MFT Trainee

- With supervision under the ERMHS program, provided individual and group therapy to students given the label of "Emotional Disturbance" through the school district due to conditions related to trauma, intellectual challenges, severe emotional challenges, and various behavior issues.

Easter Seals Bay Area | Pleasant Hill, CA

September 2013-June 2014

Behavior Interventionist

- Used ABA techniques to teach skills to clients with the goal of improving lifestyle and assimilation into typical community settings.

UCI Child Development Center School | Irvine, CA

January 2011-August 2015

Behavior Specialist, Researcher for In-Patient and Out-Patient Services, Supervisor for Junior Counselor Summer Program

- Assisted children that face behavior challenges that impaired their academic, social, and family lives.
- Worked in several research studies related to new drug and behavioral treatments for students with ADHD, Autism, and other behavioral/developmental challenges.
- Created and managed a summer program to assist with career development of program participants.

Additional Professional Experience, Individual Projects, & Volunteer Work

Researcher | Asian Mental Health Collective

May 2021-Present

- Assists in developing surveys for understanding usage of a mental health platform on social media.

Guest Speaker | Chapman University, Orange, CA

November 2018

- Shared experiences in the field of counseling and therapy with a class of undergraduate students.

Interviewer, Panelist | University of Southern California, Los Angeles, CA April 2017-Present

- Shares experiences in the field of counseling and therapy with a class of graduate students.
- Assists in interviewing and vetting of a future cohort of Marriage and Family Therapy graduate students.

Fubelo | Orange County, CA December 2017-Present

Mental/Behavioral Health Application

- Working closely with a software engineer to develop a behavioral health app.
- Based on principles of Applied Behavior Analysis (ABA) and Cognitive Behavioral Therapy (CBT), “Fubelo” focuses on helping professionals track observed behaviors of individuals to assess the function of their behavior and to gain behavioral data and insights.

SmoothSam Project | Irvine, CA June 2015-June 2019

Resource

- Designing a behavior curriculum and social skills program for children with special needs.
- Developing a resource for children who have been diagnosed with Autism or ADHD and their families
- Developing a podcast centered around mental health awareness.
- Generating a research proposal to measure feasibility of a new therapeutic tool.
- Focused on developing, integrating, and innovating on modern technology to ethically assist people with disabilities.

Elan Academy | Costa Mesa, CA August 2015-November 2015

Instructional Specialist/Program Manager

- Taught a Saturday social-skills program to a group of children diagnosed with ADHD and Autism.
- Managed disruptive behaviors and made modifications to program as necessary to cater to unique group.

Special Olympics of Northern California (SONC) January 2014-June 2014

Volunteer head coach of SONC Basketball at Brentwood, CA

- Taught a range of skills to athletes with special needs, including social skills and life skills.

St. Timothy’s Catholic Church January 2012-December 2013

Youth Minister/Youth Leader

- Led youth groups in the church with curricula focused on social justice and social equity.
- Established St. Tim’s Vimeo Youth Ministry media; a group dedicated to providing media such as video to enrich the teen’s learning experience.

Additional Skills / Interests

- Focused on the intersection of Mental Health, Learning, and Technology.
- 10+ years of experience working with children and adolescents in educational, counseling, and therapeutic contexts.
- 12+ years of experience working with people in the contexts of service, business, and leadership.
- Uses personal experience and data to create unique approaches to mental health treatment and develop research questions in mental health.
- Experience with the study of Implementation Science.
- Experience with training and supporting supervisees (e.g., staff, interns, students, etc.)
- Experience with administering Evidence Based Treatments (e.g., CBT, DBT, mindfulness, etc.)
- Combined various evidence-based practices with novel delivery mechanisms such as apps.
- Experience in data analysis and stats programs (R, Excel, Python).

- Experience with administering psychological assessments (e.g., PHQ-9, CAFAS, BDI, etc.) and suicide assessments.
- Experience with treatment planning in both school-based settings (IEPs) and community mental health settings.
- Collaborated with multi-disciplinary teams to deliver treatment and conduct research.
- Fosters connection with community members.
- Proficiency in Tagalog (speaking, reading, understanding)
- Proficient with MS Office, Google Apps Suite, Adobe Creative Suite, Windows, macOS, iOS, Android. Experience with Linux, R, Python, Google Script.